



Do you want to **RENEW** your marriage? Do you want to **REBUILD** your marriage?

- Have you considered taking steps to achieve a richer marriage?
- Does your relationship lack the luster and excitement it once held?
- Are you suffering in a marriage that is causing you pain?
- Is your marriage “on the rocks” but you want more?

**If your answer to any of these questions is YES, please consider one of the programs below to help you and your marriage.**

To help you discern which weekend experience would most benefit you and your spouse, we invite you to consider the following checklist:

<u><a href="#">Worldwide Marriage Encounter</a></u> <b>A program for any married couple that wants a richer, fuller life together.</b>	<u><a href="#">Retrouvaille</a></u> <b>A program designed to help rebuild troubled marriages and nurture healthy relationships.</b>
You are in a secure relationship and you are basically content in your marriage.	Your marriage has been devastated by unfaithfulness.
You want to enhance the level of communication in your marriage.	There is little or no meaningful communication in your marriage.
You would like to re-experience the joy and intimacy of your early marriage.	You frequently experience feelings of anger and “alone-ness” in your marriage.
You sometimes experience feelings of disillusionment.	You feel despair and have lost the ability to trust your spouse.
You long for more quality time in your marriage.	Your deep desire is for your marriage to survive and thrive.
Your marriage is less loving and less caring than what you want it to be.	Your marriage has become unloving and uncaring.
Your relationship with your spouse is sometimes cool and distant.	Your relationship with your spouse is cold and distant.
You would like to enhance the quality of your marriage.	You are considering separation, are separated, or are currently divorced, but both spouses want to reconcile.
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Worldwide Marriage Encounter and Retrouvaille are weekend experiences designed to help a husband and wife renew their marriage or rebuild a broken relationship. They are offered in Saskatchewan and are supported by the Catholic Church. Both programs are offered to married couples of all faith expressions.